



FOOD GLOSSARY – SPANISH - ENGLISH

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A

- aceite de oliva - *olive oil*
- aceite girasol - *sunflower oil*
- aguacate - *avocado*
- ahumados - *smoked foods*
- ajo - *garlic*
- albaricoques - *apricots*
- albondigas - *meat balls*
- alcachofas - *artichokes*
- alcaparras - *capers*
- almejas - *clams*
- almendras - *almonds*
- alubias - *beans*
- anchoas - *anchovies*
- angulas - *baby eels*
- arroz - *rice*
- con leche - *rice pudding*

B

- bacalao - *cod*
- barquillos - *biscuit rolls*
- batidos - *milk shakes*
- berenjenas - *aubergines / eggplant*
- berza - *cabbage*
- besugo - *sea bream*
- bistec de ternera - *veal steak*
- brazo de gitano - *Swiss roll*
- brevas - *figs*
- butifarra - *Catalan sausage*
- buñuelos - *light fried pastries*



C

- caballa - *Mackrel*
- Cafe americano - *weak white coffee*
- café con leche - *white coffee*
- café cortado - *white coffee in small cup with very little milk*
- café sólo - *black coffee*
- calabacines - *courgettes/marrow*
- calamares - *squid rings*
- caldereta gallega - *vegetable stew*
- caldo - *soup*
- callos a la madrileña - *tripe Madrid style*
- Camarones - *baby prawns*
- cangrejo - *crab*
- caracoles - *snails*
- caramelos - *sweets*
- carnes - *meats*
- castañas - *chestnuts*
- cebolla - *onion*
- cebolletas - *spring onions*
- centollo - *spider crab*
- cerezas - *cherries*
- cerveza - *beer*
- champiñones - *mushrooms*
- chanquetes - *fish (similar to whitebait)*
- chirimoyas - *custard apples*
- chocos - *squid*
- chorizo - *cold spicy*
- chuleta de cerdo - *Pork chop*
- cordero - *lamb chops*
- churros - *fried pastry cut into lengths*
- cigalas - *crayfish*
- ciruelas - *plums*
- cochinillo asado - *roast suckling pig*
- cocido Madrileño - *stew with meat Spanish sausage chickpeas*
- codornice - *quail*
- coles de Bruselas - *Brussels sprouts*
- coliflor - *cauliflower*
- conejo - *rabbit*
- consomé al jerez - *consommé with sherry*
- crema catalana - *crème brûlée*
- cremada - *sweet made with egg sugar and milk*

D

- dorada - *Gilt head fish*
- dátiles - *dates*



E

- embutidos - *selection of cold sausages*
- empanada - *gallega tuna fish pastry*
- endivias - *endives (salad leaves)*
- ensaimada mallorquina - *Majorca cake*
- ensalada - *salad*
- ensaladilla rusa - *mayonnaise salad with potatoes carrots peas*
- entrecot - *entrécot steak*
- entremeses de la casa - *homemade starters*
- escalope - *Breaded Meat*
- espinaca - *spinach*
- espárragos - *asparagus*
- estragón - *tarragon*

F

- fabada (asturiana) - *bean stew with Spanish sausage*
- faisán - *pheasant*
- fideos - *small noodles*
- filete - *filets of meat*
- flan - *cream caramel*
- fresas - *strawberries fruta - fruit*

G

- gallina - *chicken*
- gambas - *prawns*
- garbanzos - *chickpeas*
- guisantes - *peas*

H

- habas - *broad beans*
- habichuelas - *beans*
- helado - *ice cream*
- horchata - *cold almond-flavoured milk drink*
- huevo - *egg*
- Huevos fritos - *fried eggs*
- hígado - *liver*



I - J

-
- Jamón - *ham*
- Jabugo - *quality Spanish cured ham*
- jarra de vino - *jug of wine*
- jerez - *pale dry sherry*
- judías verdes - *French beans*
- jugo - *juice*

K - L

- langosta - *lobster*
- leche frita - *pudding with milk*
- Lechuga - *lettuce*
- lenguado - *sole*
- lentejas - *lentils*
- lombarda rellena - *stuffed red cabbage*
- lomo - *pork sausage*
- langostinos - *king prawns*
- lubina - *bass*

M

- Málaga Vino - *sweet wine*
- macarrones - *macarrones*
- mandarinas - *tangerines*
- manos de cerdo - *pigs' trotters*
- mantecadas - *small sponge cakes*
- mantequilla - *butter*
- manzanas - *apples*
- manzanilla - *dry sherry*
- mariscada - *cold mixed shellfish*
- mariscos - *shellfish*
- mejillones - *mussels*
- melocotones - *peaches*
- melón - *melon*
- merluza - *hake*
- mermelada - *marmalade*
- mero a la parrilla - *grouper*
- morcilla - *black pudding*
- mousse - *mousse*



N

- nabo - *turnip*
- naranjas - *oranges*
- natillas - *cold custard*
- nueces - *walnuts*
- nísperos - *Sharon fruit*

O

- oreja (de cerdo) - *pigs' ears*
- orujo - *Grape Juice spirit*

P

- paella - *rice dish*
- paleta de cordero - *shoulder of lamb*
- pan - *bread*
- parrillada - *barbeque*
- pasteles- *cakes*
- patatas - *potatoes - Chips*
- pato - *Duck*
- pavo - *turkey*
- pollo - *chicken*
- pepinillos - *gherkins*
- pepino - *cucumber*
- peras - *pears*
- perdices - *partridges*
- perejil - *parsley*
- pescaditos fritos - *fried fish*
- pimientos - *red peppers*
- pinchos morunos - *kebabs*
- piña - *pineapple*
- piñones - *pine seeds*
- platanos - *bananas*
- pomelo - *grapefruit*
- potaje - *thick broth*
- puchero - *canario casserole*
- pulpitos - *baby octopus*
- potatoes puré - *mashed Potatoe*



Q

- queso - *cheese*
- queso de oveja - *Sheep's cheese*
- quisquillas - *shrimps*

R

- Ribeiro - *Galician white wine*
- ragout de ternera - *veal ragout*
- rape - *monk fish*
- raya - *skate*
- remolacha - *Beetroot*
- revuelto - *scrambled egg*
- riñones - *kidneys*
- rodaballo - *turbot*
- roscas - *sweet pastries*
- rábanos - *radish*

S

- salchichas - *sausages*
- salmonetes - *red mullet*
- salmón - *salmon*
- salmon ahumado - *smoked salmon*
- salsa - *sauce*
- sandía - *water melon*
- sardinas - *sardines*
- semidulce - *medium sweet*
- sesos - *brains*
- setas - *mushrooms*
- solomillo - *fillet steak*
- sopa - *soup*



T

- tallarines - *noodles*
- tarta de almendra - *almond tart*
- tarta - *tart*
- tomates - *tomatoes*

- tomillo - *thyme*
- torrijas - *sweet pastries*
- tortilla - *omelette*
- tournedó - *tournedos (fillet steak)*
- trucha - *trout*
- turrón - *nougat*

U

- uvas - *grapes*

V

- Valdepeñas - *fruity red wines*
- vieiras - *scallops*
- vino blanco - *white wine*
- vino rosado - *rosé wine*
- vino tinto - *red wine*

W -X -Y -Z

- zanahorias - *carrots*
- zarzuela de mariscos - *seafood stew*
- zumos - *juices*
- zumo de naranja - *orange juice*

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